



**ORLANDO JUNIOR ACADEMY**

30 E Evans  
Orlando, FL 32804

T 407.898.1251  
F 407.894.6213  
dustin.hackleman@oja-sda.com

[oja-sda.com](http://oja-sda.com)

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Dear Parents,

**Major FASL Soccer schedule change!** The 4-5 grade Division Soccer Scramble has not happened yet because of weather. **Grades 4-5 Soccer Scramble will be Tues, Sep 8, 4:30-6:30, FLEC Soccer Fields.**

Because of this change the entire 2-8 grades preseason games will not start until **Thursday, Sep 10.**

Please note this change in your calendars.

**Grades 5-8, let's get ReLIONce started! Contact Sensei Carr at 407.758.8666 or go to [relionceselfdefense.com](http://relionceselfdefense.com) and get signed up!** We do not want to lose this valuable program. If no one signs up, OJA loses out on valuable life saving program.

Consider these questions:

- Do I want my child to be prepared in the unfortunate circumstance of abduction?
- Can I provide my daughter with opportunities to learn how to defend herself?
- Do I want my son to gain greater self confidence?

I know that you answered "yes" to all these questions. If you waiver in just the slightest bit about the seriousness of your child's safety please watch the evening news tonight. I recently read on OrlandoSentinal.com about an attempted abduction at a school bus stop.

We are privileged to have Richard Carr back at OJA to teach his Christ-centered, Self Defense class, RELIONCE Self Defense. For the past 14 years, Sensei Richard Carr has dedicated his life to the training of Dan Zan Ryu Jujitsu mixed with the personal touches in street survival self defense from Sensei Jamie Dyson, who has over 35 years of training.

Sensei Carr's personal goal has been to gain a pure knowledge of the art of Jujitsu and the anatomy of self defense and to empower those who have been powerless. He has spent the last several years focused on Women's Survival Self Defense and the structuring of practical self defense programs for children.

The purpose of ReLIONce Self Defense is to bring an awareness of Jujitsu to those who have stayed away from the study of martial arts due to some of the Eastern philosophies taught in most traditional martial art forms today. Sensei Carr teaches a Christ centered discipline. Sensei Carr has structured programs based on the teachings of Sensei Dyson which utilizes concepts such as Push-Pull, CBS (Control, Balance, Submit) and the Analysis of Gravity Based Self Defense.

We are all very happy to have Richard Carr here at OJA. The lessons taught during the RELIONCE Self Defense might not only save your child's life, it may save your own as well.

Sincerely,